

2024 International symposium on ecohydraulics and fish passage

# DIURNAL DYNAMICS OF THERMAL REFUGE IN ATLANTIC SALMON RIVER POOL

**Simon Joly-Naud**

Supervisor : Normand Bergeron

Co supervisor : Isabelle Laurion



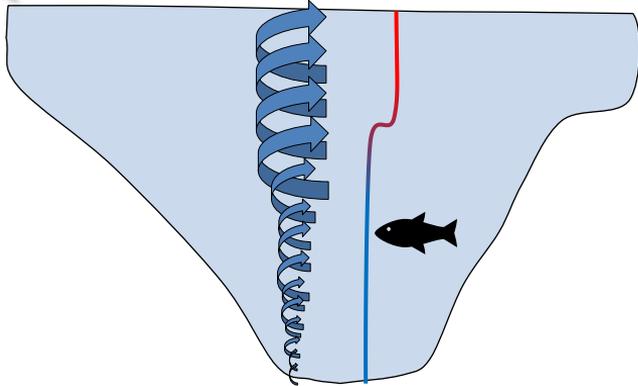
Institut national  
de la recherche  
scientifique

# What is a pool thermal refuge ?

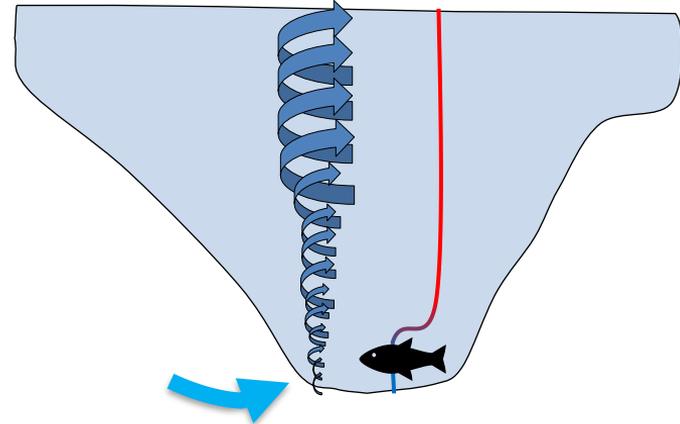
- **Pool thermal refuges are formed by thermal stratification**
- Cold tributary plumes and bank seeps are more studied compared to pools
- Two mechanisms are described in the literature:



Diurnal density cycle

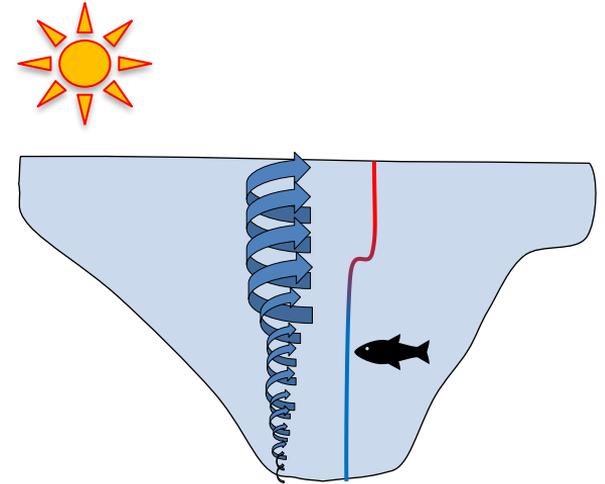


Groundwater resurgences



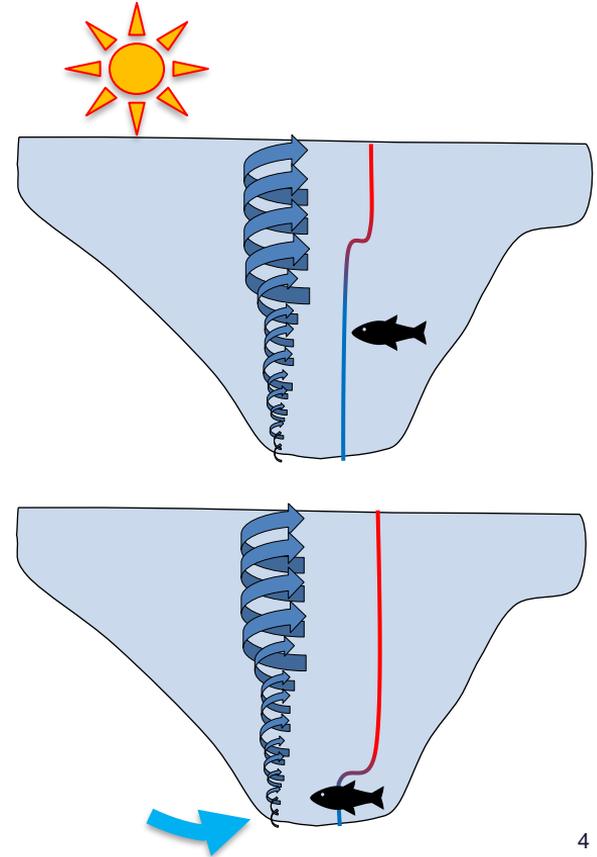
# How diurnal cycle creates stratification in pools?

1. **Insolation** increases water temperature
2. **Incoming hot water flows** onto **cold and slow** bottom water
3. **Buoyancy differences** build stratification
4. **Insolation** stops → water cools down
5. **Cold water sinks** to the bottom and engage vertical mixing



# What controls stratification?

- ↑ Air T°C
- ↑ Direct insolation
- ↓ Wind speed
- ↑ Morphology
- ↓ Discharge
- ↑ Colored dissolved organic matter (CDOM)  
(Shown in lakes, not yet in river pools)



# Objectives : What do we want to learn?

**Main mechanisms**  
behind the formation of  
cool water zones in pools

- **How and when** in pools?
- **What controls** short and long term variations in stratification?

**Spatial controls** on  
stratification intensity and  
occurrence

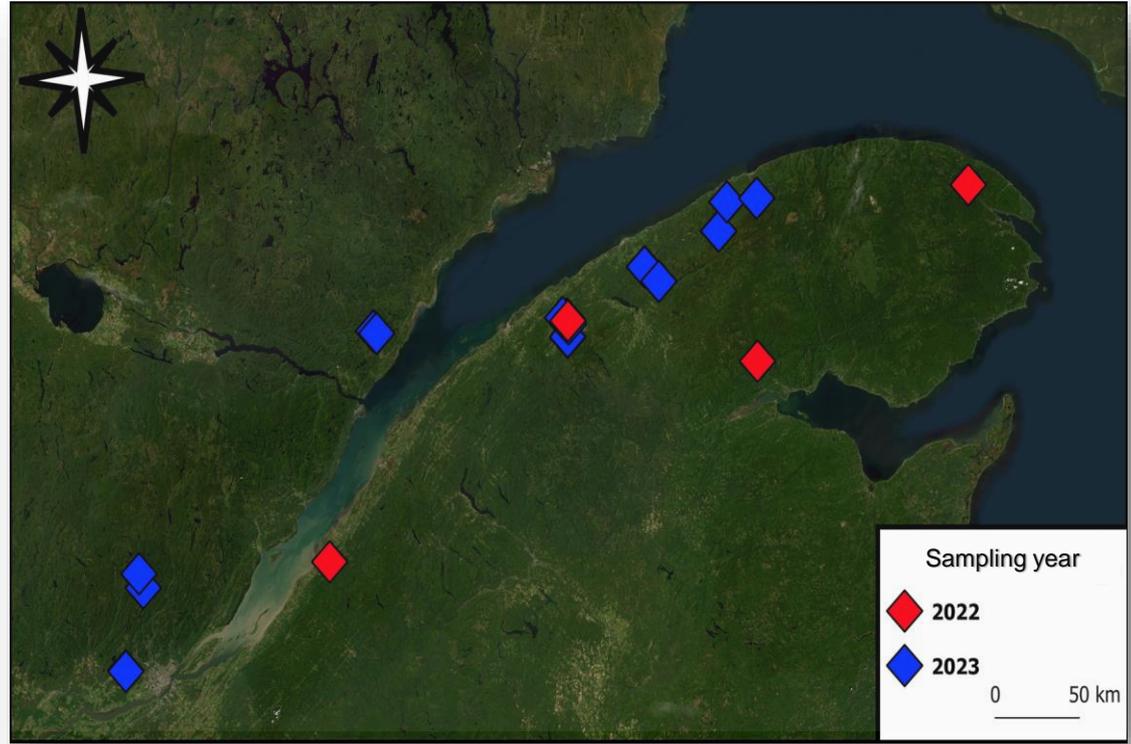
- What **factors favor the establishment** of a stratification in pools

**Which pools** can  
potentially be a **thermal  
refuge?**

- What are the **common characteristics** of pools with cool water zones?

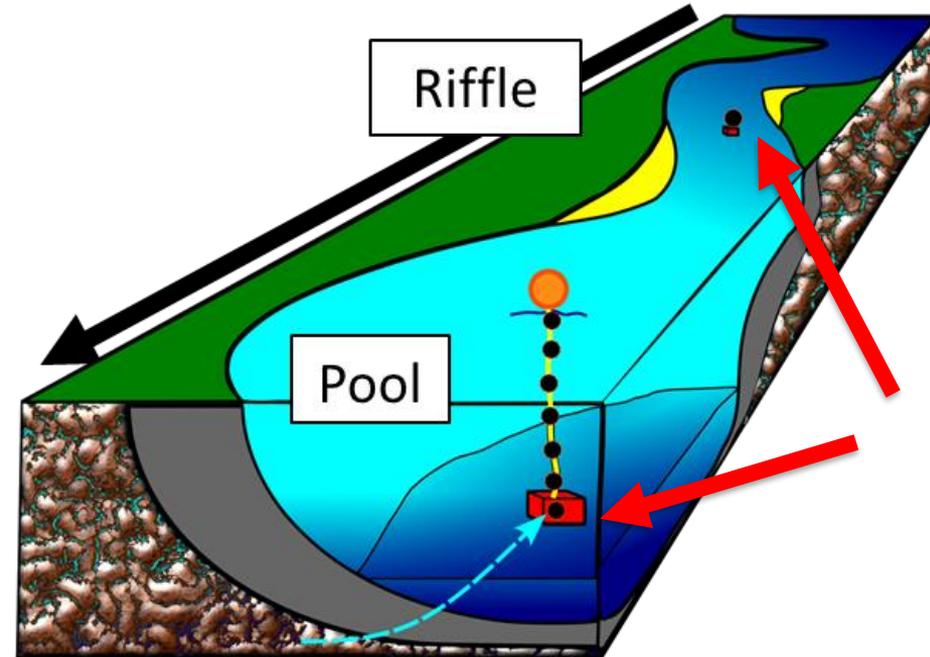
## Study sites

- Rivers along a **CDOM gradient**
- Pools cover a broad range of morphologies and turbulences
- **2022** : 4 pools in 4 rivers
- **2023** : 16 pools in 7 rivers



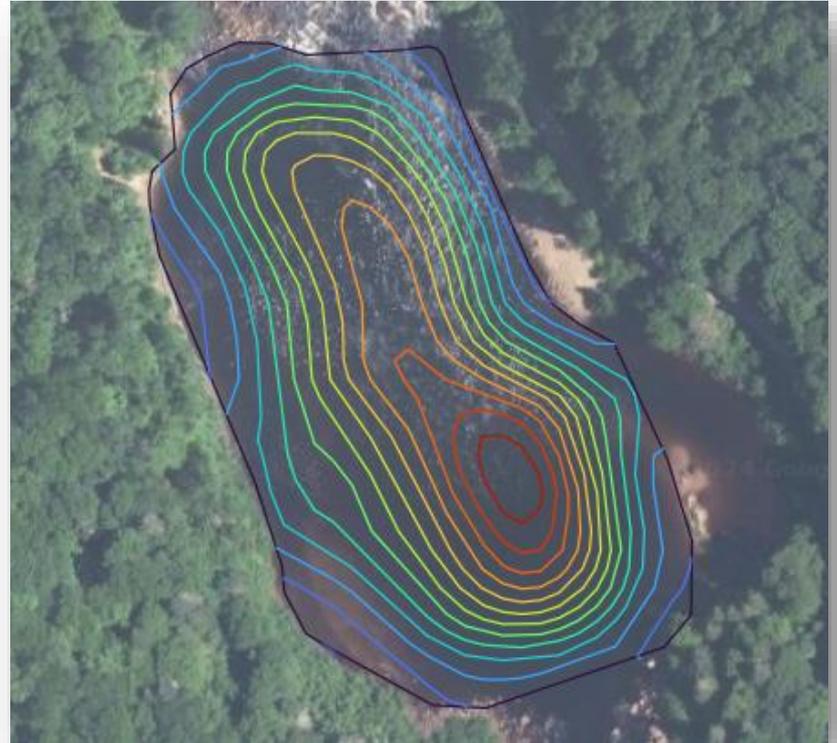
## Thermal

- Vertical profiles with moorings and inlet riffle temperature logger
- **2022** : 10 min interval, 3 months duration
- **2023** : 5 min interval, 3-6 days duration
- **Stratification : Maximum vertical temperature gradient ( $\Delta T^\circ$ )**



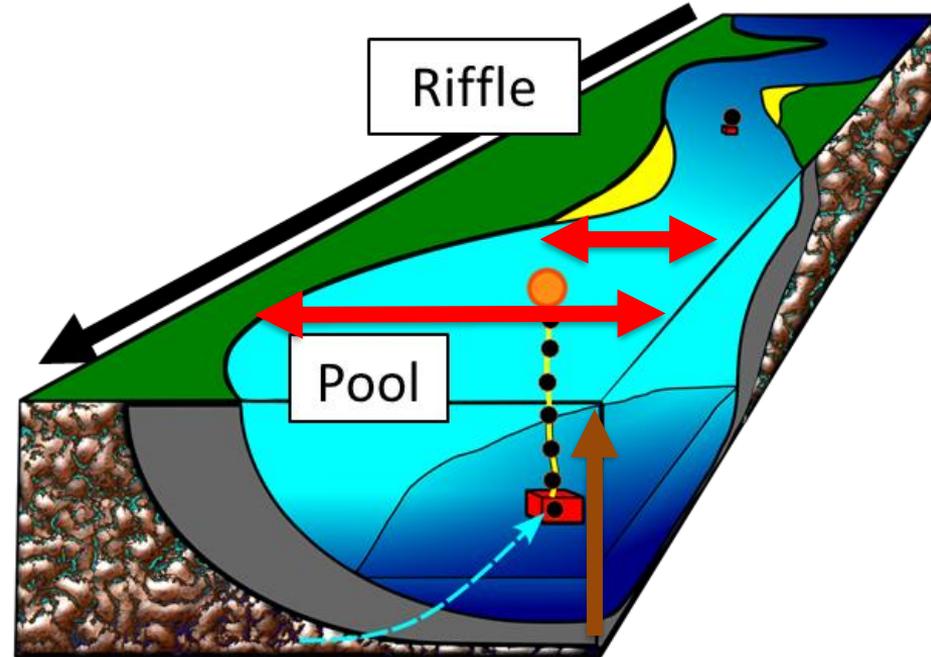
## Geomorphology

- **2022** : Cross transects with an acoustic doppler current profiler (**ADCP**)
- **2023** : Full bathymetric survey with a high resolution **sonar**



## Hydraulic

- **2022** : Cross transects with an acoustic doppler current profiler (**ADCP**)
- **2023** : Horizontal and vertical current profiles at the sampling point

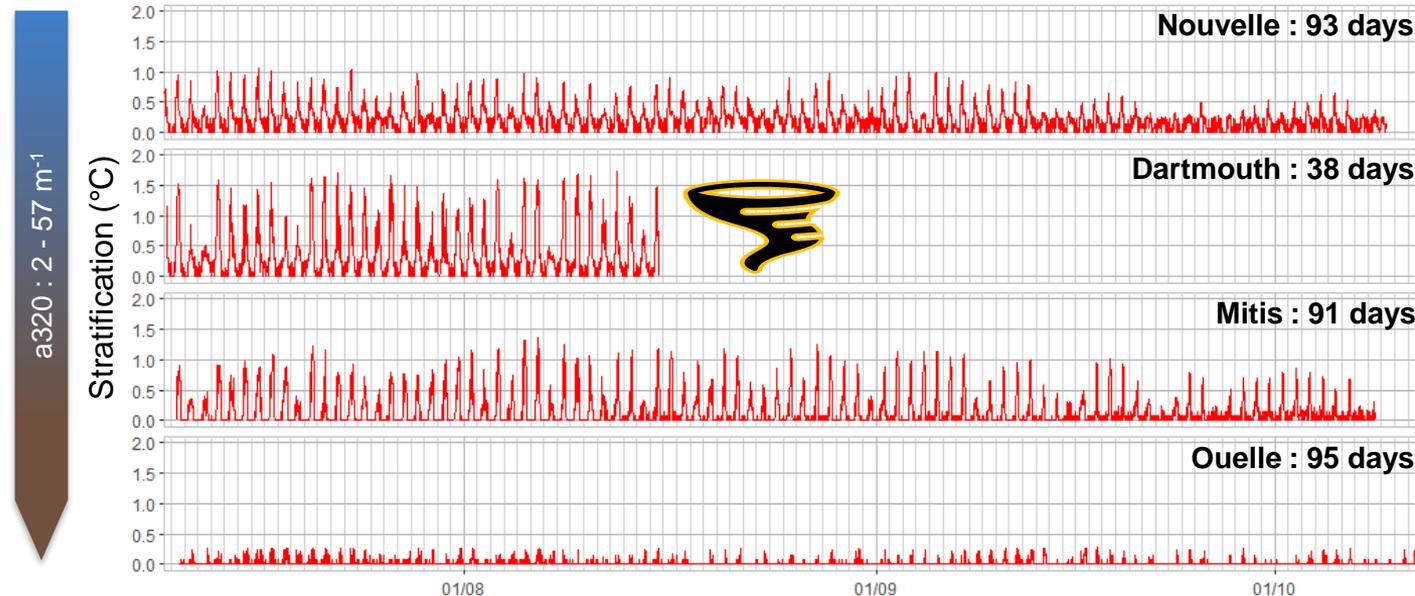


## Colored dissolved organic matter

- **Surface water** sampled for CDOM
- **a<sub>320</sub>**: absorption at 320 nm (measure of water coloration)



# Temporal evolution of stratification



## Diurnal cycles in each river

- Intense **daily** variations and **seasonal** variations
- **Large differences** among rivers
- Max  $\Delta T^\circ$  range : **0,3 – 1,7 °C**

## Control factors on stratification over time

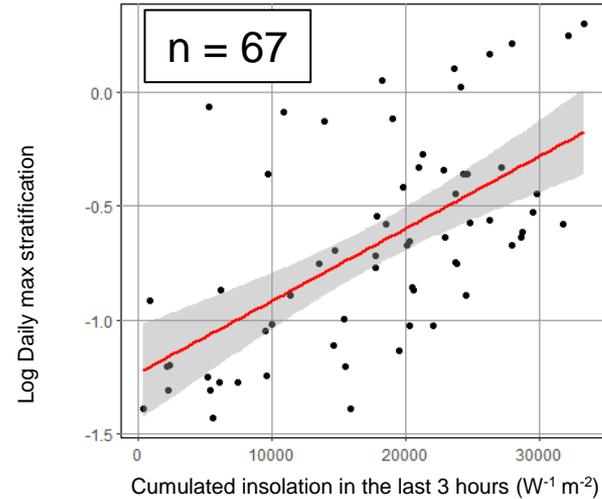
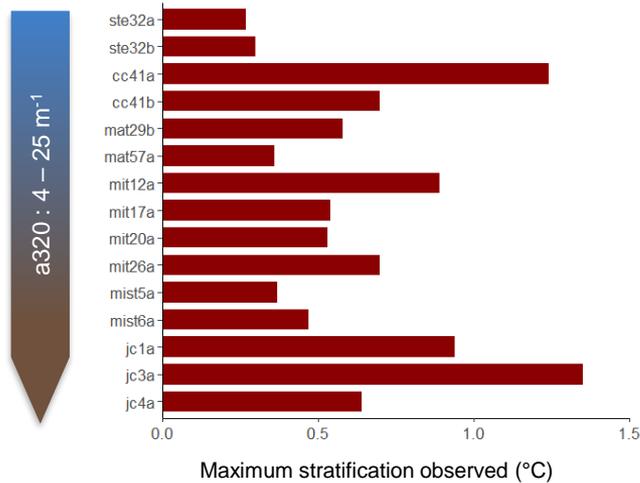
Linear regression on stratification (R <sup>2</sup> )	Literature controls						Newly tested controls		
	Sites	Air T°C	Inlet T°C	Discharge	Precipitation rate	Wind speed	Direct insolation	6 days cumulated degree	6 days cumulated rain
<b>Nouvelle</b>	0.42*	0.29*	0.04	0.07*	0.03*	<b>0.68*</b>	0.41*	0	<b>0.58*</b>
<b>Dartmouth</b>	0.05	0.2*	0.07	0.16*	0.1	<b>0.56*</b>	0.09	0	<b>0.57*</b>
<b>Mitis</b>	0.2*	0.27*	0.03	0.06*	0	<b>0.5*</b>	0.21*	0.05*	<b>0.59*</b>
<b>Ouelle</b>	0.21*	0.12*	0	0.02	0	<b>0.05*</b>	0.06*	0	<b>0.23*</b>

Era-5 meteorological data / SolCast solar data

\*p-value < 0,05

**Most systematic effects : Direct insolation and cumulated insolation in the last 3 hours**

## Synoptic view : Spatial variations in stratification



### 15/16 sites follow diurnal cycle

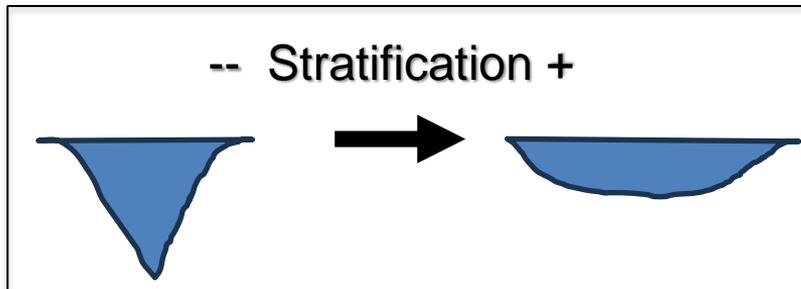
- Large variations
- Max  $\Delta T^\circ$  range : 0,3 – 1,4 °C
- No significant effect of CDOM

### Cumulated insolation ( $R^2 : 0,37^*$ )

- Strongest effect on daily max  $\Delta T^\circ$
- Outliers
- Group effect

## Effect of pool morphology on stratification

- Testing the effect of **12 metrics**
- **Mid section width to depth ratio (W/z):**  
Strongest effect on stratification ( **$R^2 : 0.33$** )
- **Combined with cumulated insolation:**  
Significant effect on stratification ( **$R^2 : 0.55$** )



Linear regression on stratification	Variable	$R^2$
Form metrics	Bed slope	0.02
	Expansion factor	0.03
	Width (W)	0.08*
	Length (L)	0
	Depth (z)	0
	Perimeter (p)	0.04
	Volume (v)	0.07*
	Surface area (A)	0.06
Form factors	A/p	0.06
	L/w	0
	W/z	<b>0.33*</b>
	L/z	0.02

\*p-value < 0,05

# Effect of turbulence on stratification

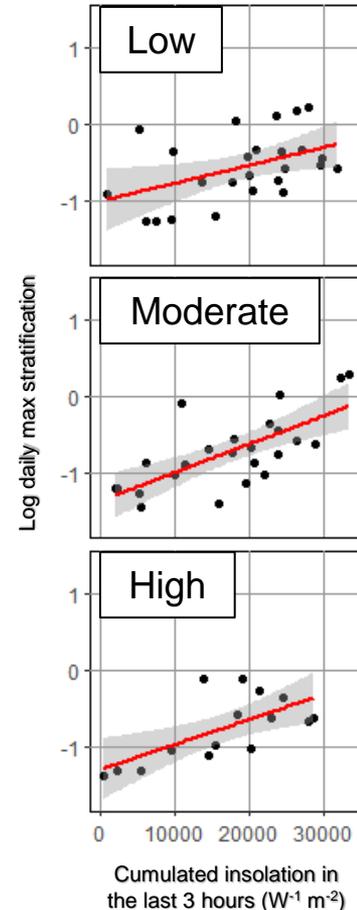
**Classification** in 3 groups by their horizontal and vertical turbulence : **Low, moderate and high.**

**Varying effect** of cumulated insolation and pool morphology on stratification

- **No added effect** of morphology on pools of moderate turbulence
- **Stronger effect** on pools of low and high turbulence

Linear regression on stratification ( $R^2$ )	Insolation alone	Insolation and morphology
Levels of turbulence		
Low	0.2*	<b>0.55*</b>
Moderate	0.49*	<b>0.49*</b>
High	0.44*	<b>0.81*</b>

\*p-value < 0,05



## Diurnal density cycle is a very common mechanism of stratification in river pools

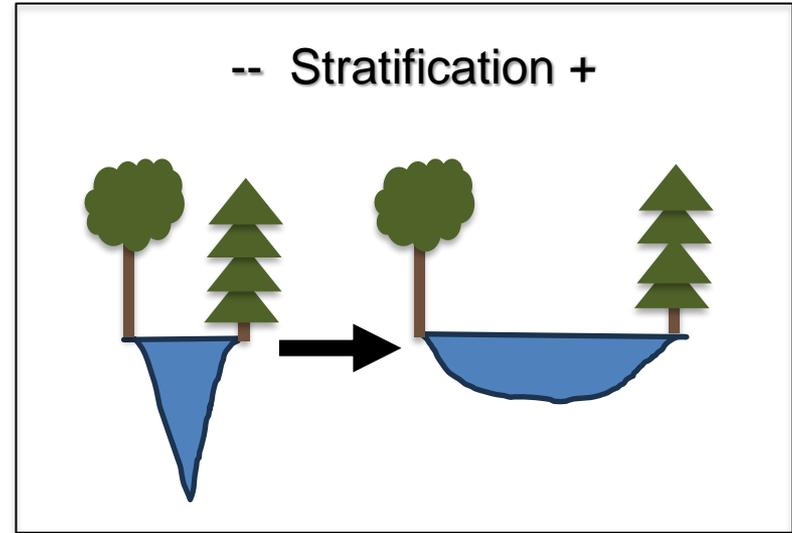
- ✓ This mechanism was observed at **19/20 sites** :
- ✓ **Highly variable** in intensity and frequency of occurrence
- ✓ Wide scale spatial description and quantification : Done for the first time

# Cumulated insolation is the strongest control factor of diurnal stratification

- ✓ Cumulated insolation better explains the **progressive building** of diurnal stratification
- ✓ Its control on temporal dynamics has **never been shown before**
- ✓ CDOM has no clear effect (strong effect by covariates):
  - A CDOM effect is still expected : Strong **relation with insolation**
  - **More pools needs to be studied** to isolate its effect

# First time observed synergistic controls between pool morphology, turbulence and cumulated insolation

- ✓ **Shallower and wider** pools present stronger **diurnal stratification**
- ✓ **Shallower and wider** pools exhibit **horizontal heterogeneity and vertical homogeneity** of flow velocity
- ✓ Wider pool are **more exposed** to insolation



## Conclusion : Take home message

### Main temporal mechanisms

- Diurnal density cycle
- Happens almost everywhere at different intensity

### Spatial and environmental controls

- Morphology + Turbulence + Insolation
- Wider and shallower

### Which pools?

**All pools** : A. salmon exploit **small temperature differences** to maintain their body temperature within a narrow range (Fréchette et al., 2018)

# Thank you for your time



Institut national  
de la recherche  
scientifique

**Remerciements spéciaux** : André St-Hilaire, Zec de la rivière Nouvelle (Louis Laflamme), Société de gestion des rivières de Gaspé (Rémi Lesmerises), Zec de la rivière Mitis (Élie-Merlin Mercier-Ouellet), Organisme de bassins versants de Kamouraska, L'Islet et Rivière-du-Loup (Véronique Furois), et toutes les autres zecs membres de la Fédération québécoise du saumon Atlantique

**Les Premières Nations Innu, Mi'kmaq et Huron-Wendate**, pour avoir participé, au travers de leurs organismes associées, à la planification de la campagne de terrain.

**Équipe de terrain**: Olivier Grimard, Brune Collaudin, Mathias Chabal, Savannah Turcotte

**Équipe de laboratoire**: Thomas Pacoureau, Martial Leroy, Charis Wong et les autres membres des laboratoires de l'INRS ayant participé de près ou de loin au projet.

**Organismes partenaires**: Fondation de la faune, Conseil de recherche en sciences de la nature et génie du Canada, Fonds de recherches du Québec en sciences nature et technologies, Centre interuniversitaire de recherche sur le saumon Atlantique, Groupe de recherche interuniversitaire en limnologie, Institut nordique du Québec, Institut national de la recherche scientifique

**Directeurs.rice de recherches** : Merci à Normand Bergeron et Isabelle Laurion pour leur encadrement, leur dévouement, leur implication et leur passion.



INRS.CA